



**Come on, join in ...
meet others ...**

Kinship Activities **March 2011**

Judy attends Kinship Clubs & is one of the friendly voices on the phone urging you to attend too.

Grandparents and other relatives (of any age) raising children come meet other kinship families.

No charge—free meals, programs for adults, elementary aged children and teens; child care for infants and toddlers.

Transportation available if requested 48 hrs in advance.

Mayores Kinship Club Thurs., March 3, 11:30 a.m.

Mayores Senior Center, 2 Aurora Gonzalez Drive
(Between The Trail and Broadway on South Street.)

Topic:

Working it out on a shoe string budget.

Presenter: Lisa Lawson, Fair Housing

Caregiver Workshop - Sat., March 5, 9:30 a.m.

Mayores Senior Center, 2 Aurora Gonzalez Drive
(Between The Trail and Broadway on South Street.)

Topic:

Does your child have difficulty focusing?

Presenter: Dr. Jeffery Schmakel

To register call Lorri 419-725-7042

The Friendly Center Thurs. March 17, 10:30 a.m.

1324 N. Superior St.– Event in the Community Building

Topic:

Meet & Greet - Resources for relative caregivers

To register and make reservations for childcare call Lorri 419-725-7042.

South Kinship Club - Wed., March 23, 5:30 p.m.

Hunt Senior Center, 2121 Garden Lake Parkway

Adult Topic:

Dealing with birth parents! Got problems? Custody issues?

Presenter: Attorney, Fannie Effler

Children's & teens programming will be provided.

Cut Off Kinship Club Schedule & Post on the Fridge.



Heroes In Our Midst



Peggy and Donald Pedersen have been the primary caregivers for about 15 years for their granddaughter Jessica. Jessica is doing well in school. Her interests include horseback riding, skating, camping, playing baseball, bowling and communicating with her friends on Facebook. Like most teenagers, she also enjoys using her cell phone too. The Pedersen's say, "Jessica keeps us young!" Peggy and Donald Pedersen we honor you.

Area Office on Aging
Kinship Navigator Program
2155 Arlington Ave.
Toledo, Ohio 43609



The Kinship Navigator Program is supported by the Area Office on Aging of Northwestern Ohio, Inc., Lucas County Children's Services, Lucas County Job & Family Services, and the Area Office on Aging's Family Caregiver Support Program.



Education Corner

The Sensory Learning Program

If your child is experiencing speech and language delays, self-stimulation behaviors, inability to focus, ADD/ADHD, autism, behavioral trauma, cerebral palsy, developmental delay or down syndrome the Sensory Learning Program may be able to help.

The Sensory Learning Program is a non-cognitive, non-invasive, foundational approach that uses light, sound and motion to stimulate the visual, auditory and vestibular systems simultaneously in order to improve sensory function.



Testimonial: How can I fully describe what the Sensory LearningSM Program did for our son? How do I summarize in words what can only be felt in the heart, seen in the glimmer of an eye, or tasted in the salt of joyful tears? The Sensory Learning Program is the difference between a boy who couldn't live with a drop of water touching his shoe and a boy that jumps barefoot in mud puddles. It is the difference between a boy whose mother cannot sing him a lullaby and a boy who sings them to his mother. It is the difference between a boy who runs terrified away from any bug and a boy who brings his mother a caterpillar in the palm of his little hand and says "Look, Mom, it's a fuzzy caterpillar!" with all of the emotion and wonder of a four year-old exploring his world. What did the Sensory Learning Program do for us? We have our son back.

Sincerely,
Rene from Michigan

Source: <http://toledo.sensorylearning.com/parents.php>

FREE TAX HELP

Why dial 2-1-1 for FREE Tax Preparation?

Commercial tax preparers charge an average of \$100 – \$200 to prepare a tax return, but if you make less than \$49,000, you can have it done free at eight locations throughout Lucas County. Don't miss out; dial 2-1-1 to make an appointment to have your taxes done for free by IRS-trained and certified tax preparers at a location near you.



Source: <http://www.unitedwaytoledo.org/eitc>

The Caldwell Center offers Free Tax Preparation on March 4 and March 18 for those who make up to \$60,000. To schedule an appointment call Theresa at **419-729-4654**.

Stress Management Tips for Parents of Children with Learning Disabilities

Stress management is an important skill for any parent, but it is especially important for parents of children with learning disabilities and other types of disabilities. As the parent of a child with learning disabilities, and possibly non-disabled children as well, you will have typical parental stress along with the unique challenges of parenting a special needs child. These tips can help you learn to manage your stress and live a happier, more satisfying life. By developing your stress management skills, you will also model important life skills for your children.

Stress Management with Positive Thinking - Think Positively to Lower Stress Learn positive thinking. Inventory your stress. Re-frame negativity by: Imagining the worst, best, and likely outcomes of problems and visualizing how you will deal with the likely outcome. Surrounding yourself with positive people and limiting negative situations.

Source: http://learningdisabilities.about.com/od/parentsandfamilyissues/tp/Stress_Management_Tips.htm

NEW KINSHIP CLUB COMING



We want to hear from you!

PLEASE CALL LORRI BY MARCH 1ST. 419-725-7042.

What area of town would you like a new club to meet?

What time would you attend?



What day of the week would you attend?



Caregiver Workshop

**Does your child have difficulty focusing?
PLEASE JOIN US!**

Date: Saturday, March 5th

Time 9:30 a.m. – 1:00 p.m. - Meal & Childcare Provided

Location - Mayores Senior Center

2 Aurora Gonzalez Dr.

HURRY STILL TIME TO REGISTER!!! 419-725-7042.

Is your child experiencing?

Speech and Language delays

Self-stimulation behaviors

Inability to focus

ADD/ADHD

Autism

Behavioral Trauma

Developmental Delay

Learn how the Sensory Learning Program can help.

Presented by: Dr. Jeffery Schmakel, Director